

SPRING/SUMMER 2023

SAINT ROSE YOUNG ADULTS

Official Newsletter for YAG at Saint Rose of Lima Parish

Eucharistic Revival

BY CHRISTINA BIEN

“The greatest love story” as Venerable Fulton J. Sheen called is Jesus in the Eucharist. Joel, the Chief Mission officer for the National Eucharistic Congress, spoke about this love within in his own encounter with the Blessed Sacrament. Similar to his own story, it all started with someone I had met... Transferring into a college away from any family, I met a boy. Soon after we started dating, and realized we were both Catholic. Well, at least I grew up one. He brought me to our university’s Newman Group (Now University Catholic). There I met some of my lifelong friends, spiritual mentors and Jesus in the Most Holy & Blessed Sacrament of the Altar.

Before this, I just knew Jesus at communion. No deep thorough knowledge or faith of the Blessed Sacrament truly being the real presence of Jesus Christ. Until, my very first time attending Adoration there at St. Thomas Aquinas. I had so many questions beforehand. What is adoration? Why should we even go? What do I bring? The list goes on! Scared to go alone that person though they did not come with me. So I knew then I had to do this for myself. Looking up at the Altar I see this beautiful monstrance holding what I knew to be the Eucharist we had at communion. Oh, the Lord radicalized me that night filling every part of my body with the truth: THIS IS THE REAL PRESENCE OF OUR LORD JESUS CHRIST.

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Eucharistic Revival Continued

On this same night, we had the opportunity to go to reconciliation otherwise known as confession. After a long seven years of not practicing my relationship with the Lord, I sought his mercy in this sacrament. The weight had been lifted and freedom given. As I looked out on the altar, where my life changed for the good. Falling in love with Jesus in the Blessed Sacrament. This would not be my first encounter with the Lord in adoration, and that boy and I eventually parted ways. However, my Catholic Christian faith truly was resurrected through relationship that night.

I have been asked to be our Parish Representative for the Eucharistic Revival. What an honor as a young catholic being able to share the message of the True Presence of Jesus Christ in the Eucharist. More will be sent out to you parish wide as I receive directive from our Dioceses. Please go to www.eucharisticrevival.org for more information and resources on the National Eucharistic Revival.

Establish your relationship with the Lord in His True presence for the Lord said "Behold, I make all things New" (Revelation 21:5).

Spend time with our Lord:

- 24-hour Adoration on Thursdays in the Parish
- YAG Mini Eucharistic Pilgrimage to the Shrine of the Blessed Sacrament (Hanceville, AL) June 17, 2023



-Christina is the current Young Adult Ministry Coordinator for Saint Rose of Lima. She attended Tennessee Tech University in Cookeville, TN now resides here in the Murfreesboro Area working in Parish Ministry

"Become familiar with the Bible so that it can be your compass pointing out the road to follow"

POPE BENEDICT XVI

Bible Study

Tuesday Nights
@7:00PM
Joanie's (St. Andrews Dr Location)





Life as a Young Practicing Catholic

BY CHRISTINA BIEN

Staying faithful in this secular world as a young practicing catholic is no easy task. Two things I have found to be helpful to stay on track are establishing community and including God in our daily activities. What do each of these look like?

Including God in our daily activities seems self explanatory, but it is not that clear. Each person finds different things that work for their own schedules. For example, listening to the Liturgy of the hours or Rosary on the way to work. Even just including an extra mass during the week can be difficult. Try adding everything else from our own vocations (i.e. significant others, children etc.). From a talk I recently heard, it was said by a Dominican sister that was speaking: When we continuously include God in our activities our desire to control the situation gets little more manageable and truly lets God surprise you in his daily plan within your own vocations.

Second, establishing community for ourselves. God created us to be communal. First with the Holy Trinity and next with our neighbors. As much as we want to stay cuddled up in bed watching the latest show streaming, community helps us grow in virtue. Without virtue we cannot be better people for one another. They support us in our triumphs, provide guidance when needed and certainly call us out on our bad behaviors/tendencies. Coming to parish wide events as well as our Young Adult functions can help foster that community for you. See below for some of our upcoming events.

In the meantime, here are some useful tools along the way to stay on track:

- Formed.org (Catholic Media guided by Church teaching & Doctrine)
- MyParishApp (Keep track with what is going on parish wide)
- YCP- Young Catholic Professionals teaches (virtue and fosters networking in the work place)
- Adoration of the Blessed Sacrament (Thursday's 24 Hour Adoration)

Upcoming Events

- Tuesday Night Bible Studies (Every week unless notified)
- Happy Holy Hour (First Thursday Unless Noted w/ *)
 - *April 13th, May 4th, *June 8th, July 6th
- Portico Pregnancy Center Collection- March 2023
- Hike at Standing Door State Park- April 22, 2023
- Mini Pilgrimage to the Shrine of the Most Blessed Sacrament
 - June 17, 2023
- Hike at Fall Creek Falls- July 22, 2023

"Let God surprise you with the beauty of a call and a plan that is uniquely yours"

SR. MARY MADELINE TODD, O.P.

Get Involved:

Like to write a story for our next newsletter, please submit to Christina at cbien@saintrose.org

Interested in being a co-coordinator? Contact Christina by Groupme or email at cbien@saintrose.org

Join our Groupme to keep up to date on events, cancellations and more!

